

Time	Wed -Arriving day -24	Thur -25/10/12	Fri -26/10/12	Sat -27/10/12	Sun-28/10/12
6:00		Wake-up	Wake -up	Wake -up	
6:30		Concept of Kendo	Kendo History	Shimpan no Kokoro Kamae	Wake-up
7:00		Purpose of Kendo			Making arrangement
7:30					to return
8:00		Breakfast	Breakfast	Breakfast	Breakfast
8:45		Putting on and folder Kimono	Shikake Waza	Types of Keiko	How to instruct
9:00		Wearing Bogu	Keiko	Kakari geiko, Ji geiko	Beginners
9:30		Reigi -Reiho		uchikomi geiko, shiai keiko	How to do exam
10:15		Keiko		Keiko	Exam de Dan 2-5 Dan
10:30		Kihon	Oji waza	Nihon kendo Kata	Practice
11:00		Keiko	Keiko		
12:15					
12:30		Lunch	Lunch	Lunch	Lunch - Check -out
13:30					who go back to home
14:00		Suburi	Kirikaeshi and Kokyu	Nihon Kendo Kata	Exam de Dan - practice
14:30		Ashi sabaki	Bokuto ni yoru Kihon		Nihon kendo Kata
15:00		Bokuto ni Yoru Kihon			Writing test
15:30					
16:15					Closing Cerimony
16:30		Coffee Break	Coffee Break	Coffee Break	
17:00		Jumbi Undo	Keiko	Shiai- Practice	
17:30	El pago del pago de	Keiko	Practice of	Shimpan -Practice	
18:00	seminario		Shikake Waza		
18:30	Semininar orientation		Oji waza		
19:00	Shidosha no	Kihon Uchi	Shimpan - theroy	Shiai and Shimpan	
20:00	Kokoro Gamae	Maintenance of Shinai			Sayonara Party (option)
20:30	Dinner	Dinner	Dinner	Dinner	who stay at hotel
21:45					
22:30	Light turn-off	Light turn-off	Light turn-off	Light turn-off	

NOTE:Option, Monday- Sightseeing

A. Kojima